|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **C:\Users\Owner\Desktop\Where Champions Train.jpg** |  |  | August 2024 | **1** | **2** | **3** |
| **4** | **5** | **8** | **9** | **10** | **9** | **10****CEA Skills Camp****9-11a****$25 pay CEA** |
| **11****CEA Skills Camp****9-11a** | **12** | **15** | **16** | **17** | **16** | **17** |
| **18** | **19** | **20** | **21** | **22** | **23** | **24** |
| **25** | **26****Cheer-CEA****Cheer Parents Mtg** **6:45-8:45p** | **27** | **28** | **29** | **30** | **31****No workouts** |

**[w.elitestars.org](http://www.elitestars.org)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **1****No workouts** | **2**  | **3** | **4****Gymnastics-GK****Females** | **5** | **6** | **7****Gymnastics Parents Mtg 9a****Gymnastics-GK****Strength-GK** |
| **8** | **9****Cheer-CEA** | **10** | **11****Gymnastics-GK****Females** | **12** | **13** | **14****Gymnastics-GK****Strength-GK** |
| **15** | **16****Cheer-CEA** | **17** | **18****Gymnastics-GK****Females** | **19** | **20** | **21**Mandatory Volunteer WeekendKOC Tootsie Roll DriveNo Practices-everyone out volunteering |
| **22****KOC Tootsie Roll Drive** | **23****Cheer-CEA** | **24** | **25****Gymnastics-GK****Females** | **26** | **27** | **28****Gymnastics-GK****Strength-GK** |
| **29** | **30**[**www.elitestars.org**](http://www.elitestars.org) **\*Families will be required to take one 2-3-hour shift over the course of the 2/3 available days for the Knights of Columbus Tootsie Roll Drive. Families that chose to opt out of volunteering must contribute $150 to the program in exchange for their hours. They are a great contributor & we need the funds to support our programs. We will not practice this weekend so that everyone can help. Thanks****Cheer-CEA** |  | September 2024 |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  | **1** | **2****Gymnastics-GK****Females** | **3 *Rosh Hashanah*** | **4** | **5 *Butter Braid Fundraiser Starts* Gymnastics-GK****Strength-GK** |
| **6** | **7** **Cheer-CEA** | **8** | **9****Gymnastics-GK****Females** | **10** | **11** | **12 *Yom Kippur*****Gymnastics-GK****Strength-GK** |
| **13** | **14*****Columbus Day*** **Cheer-CEA** | **15** | **16****Gymnastics-GK****Females** | **17** | **18*****Butter Braid Fundraiser Ends*** | **19****Gymnastics-GK****Strength-GK****New Medicals Due** |
| **20** | **21****Cheer-CEA** | **22** | **23****Gymnastics-GK****Females** | **24** | **25** | **26****Gymnastics-GK****Strength-GK** |
| **27** | **28****Cheer-CEA** | **29** | **30** October 2024**Gymnastics-GK****Females** | **31** |  | **C:\Users\Owner\Desktop\Where Champions Train.jpg** |

[**www.elitestars.org**](http://www.elitestars.org)

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| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| November 2024 |  |  |  | **C:\Users\Owner\Desktop\Where Champions Train.jpg** | **1** | **2****Gymnastics-GK****CEA Cheer Showcase (Addison, IL)** |
| **3** ***Daylight Savings Time*** | **4****Cheer-CEA** | **5** | **6****Gymnastics-GK****Females** | **7** | **8** | **9****Gymnastics-GK****Midwest Cheer Showcase (Rosemont, IL)** |
| **10** | **11** ***Veterans Day*****Cheer-CEA** | **12** | **13****Gymnastics-GK****Females** | **14** | **15** | **16****Gymnastics-GK****Strength-GK** |
| **17** | **18****Cheer-CEA** | **19** | **20****Gymnastics-GK****Females** | **21** | **22** | **23****Gymnastics-GK****Strength-GK** |
| **24** | **25****Cheer-CEA** | **26** | **27****No workout** | **28** | **29** | **30****Gymnastics-GK****Strength-GK** |

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|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **1** | **2****Cheer-CEA** | **3** | **4****Gymnastics-GK****Females** | **5** | **6** | **7****Gymnastics-GK****Strength-GK** |
| **8** | **9****Cheer-CEA** | **10** | **11****Gymnastics-GK****Females** | **12** | **13****Santa’s Workshop****Gymnastics Meet** | **14****Santa’s Workshop****Gymnastics Meet** |
| **15****Santa’s Workshop** | **16****Cheer-CEA** | **17** | **18****Gymnastics-GK****Females** | **19** | **20** | **21****Gymnastics-GK****Strength-GK** |
| **22 Xmas Cookie Gymnastics Classic****(Rockford, IL)** | **23****NO Workouts** | **24****NO Workouts** | **25****NO Workouts** | **26 *Hanukah starts*****NO Workouts** | **27** | **28** **No workouts** |
| **29****No workouts** | **30****Cheer-CEA** | ***31*** ***NY Eve******No workout*** | **January 1** | **2** | **3**December 2024 | **4** **Practices resume** |

**STARS HOLIDAY PARTY JANUARY 11TH, 2025**

 ***www.elitestars.org***

**Fall 2024 Programs: Fee: Time: Location**

**Cheerleading (Must attend both Saturday & Sunday practices)**

Monday (17wks/34hrs) Female/Male $340/$275 if on gymnastics 6:45-8:45 p.m.  CEA- (All Staff)

 ***Traditional Special Needs Cheer***

***If selected for the team you must commit to ALL competitions, practices & team fundraising events-this is the national team.***

**Gymnastics**

Saturday(14wks/21hrs) Female/Male Team $275 9:00-10:30 a.m. Gymkhana-GK (All Staff-Hanover Park)

Saturday Pre-Team (14wks/14hrs) Female/Male $180 9:00-10:00 a.m. Gymkhana-GK-(All Staff-Hanover Park)

Wednesday (15wks/30hrs) Female $390 (min 3) 7:00-9:00 p.m. Gymkhana-GK (Alyssa-Hanover Park)

**Strength Training**

Saturday (13wks/13hrs) Female/Male $130 10:30-11:30 a.m. Gymkhana-GK (Mike-Hanover Park)

 $115 if *on another STARS team, cheer or gymnastics*

***Competition dates for all sports often change-so please check the web site often.***

***Checks payable to: PAT D’AVOLIO or Venmo Patricia Hermann @Patricia-hermann-0***

**Gymnastics/Cheer/Dance/Fitness: Patty Hermann: phermann@elitestars.org**

**Jacob Wade/Alyssa Konkel:** **gymnastics@elitestars.org**

**gymnastics@elitestars.org****dance@elitestars.org**

**cheer@elitestars.org****Skating@elitestars.org**

**strength@elitestars.org**

**Skating: Mike Jones:** **Jonesmaj6@sbcglobal.net****,**

**Cheer: Nikki Rielly: cheer@elitestars.org**

**Strength & Power:** **Jason Domnanovich:** **strength@elitestars.org**

**2025**

Jan. 1 NY Day

Jan. 4 Workouts resume

Jan. 11 Elite STARS Holiday Party

Jan. 12 NCA Milwaukee Classic, (Milwaukee, WI)

Jan. 19 Leenda’s Island Adventure AAU (M/F) (Waukegan, IL)

 or

Jan. 25 Chellsie Classic AAU (M/F) (New Berlin, WI)

Feb. 10--11 Perfect 10, Gymkhana, Bedford, IL (M/F)

Feb. 13-15 Mega Meet, (LasVegas, NV)

 Compete in both AAU & USAG Meets

Feb. 16-17 DI Worlds International All Stars Nationals (LasVegas, NV)

March Gymnastics Districts (Palatine, IL) Palatine HS

March 9 Daylight Saving

March 15-16 Deep South Cheer Comp (Schaumburg, compete 2x)

March 17 St. Patrick’s Day

April 13 Palm Sunday

April 13 Worlds Send off (CEA)

April 14-18 All Stars World Championship (Orlando, FL)

April 18 Good Friday

April 20 Easter

April 23-25 ICU World Cheer Championships (TBD)

May 11 Mother’s Day

May 26 Memorial Day

June State Special Olympics (Bloomington, IL)

June 15 Father’s Day

June USA Gymnastics for All

July 4 Independence Day

July 9-13 STARS All Sport Camp (Hanover Park)

 **ELITE STARS TENTATIVE SCHEDULE OF EVENTS**

 **2024-25**

 **Subject to change\***

**2024**

Aug. 9-11 CEA Cheer Skills Clinic ***(Details coming through CEA)***

Aug. 26 Cheer Parents Meeting (6:45p\_

Sept. 2 Labor Day

Sept. 4 Wednesday L3/4 Gymnastics begins.

Sept. 7 Saturday Fall Gymnastics/Saturday Strength begins.

Sept. 7 Gymnastics Parent Meeting (9a-Gymkhana)

*Warm up order/M & F uniform order*

Sept.13-15 Tootsie Roll Drive: Westmont/Willowbrook/Downers Grove

Sept. 20-22 Tootsie Roll Drive: Palatine, Schaumburg/Hoffman Estates,

Glenview, Westmont/Willowbrook/Downers Grove, Rolling

Meadows/Arlington Hts.

 **NO Saturday PRACTICES Everyone out volunteering.**

Oct. 19 Medicals due for all athletes expiring prior to December 2024

***Oct. 5-18 Butter Braid Fundraiser***

Nov. 3 CEA Showcase

Nov. 9 Midwest Cheer Showcase (Rosemont, IL)

*Dec. 13-15 Santa’s Workshop Gymnastics Competition -Gymkhana (F)*

Dec. 22 Christmas Cookie Classic (M/F) (Rockford, IL)

Dec. 24-25 Christmas Eve & Christmas Day

Dec. 31 NY Eve

**Berry = Gymnastics**

**Red = Everyone**

**Purple = Cheer**

******Fall 2024**

**Gymnastics Cheer**

**Strength & Power**

**Registration Form**

**ATHLETE INFORMATION:**

**Athlete's Name: (Last) (First) Female: Male:**

**Address: City: Zip:**

**Home Phone: ( ) Work/Cell ( ) Age: Date of Birth:**

**Special Ed Classification/Medical Diagnosis: Email:**

**Parent/Guardian Information: EMERGENCY INFORMATION:**

**Contact Person: Phone Number: Contact Person: Phone Number: \_\_\_\_\_\_\_\_**

**MEDICAL/BEHAVIOR INFORMATION:**

**Allergies: Medications: Behavior notes (if any):**

**Assistance required (please state specifics):**

**Appearance RELEASE:** *I hereby consent and agree that my child's name, face, image, and likeness, as shown in photographs, videos, and electronic media, may be taken and may be used in any form by ELITE STARS for lawful promotional and advertising purposes, free and clear of any claim on my part.*

**CONSENT & INSURANCE & WAIVER & INDEMNITY & EMERGENCY & PAYMENT**

*As Parent/Guardian of the above-identified athlete, or as the athlete myself, I hereby consent to the athlete's participation in the ELITE STARS program. I am fully aware of the risks and hazards associated with the sports chosen, including the risk that the athlete may suffer catastrophic injury, paralysis, or even death, and I voluntarily assume all such risks. I confirm that the athlete is covered by proper Health, Medical, and/or Accident insurance, which I consider adequate for both the athlete's protection and my own protection. In consideration of the athlete being allowed to participate in the ELITE STARS program(s), I, intending to be legally bound, on behalf of myself, the athlete, the athlete's other parent(s)/guardian(s), and our successors and assigns (collectively "my family"), hereby waive and release any and all right and/or claim for damages which my family may have against ELITE STARS program(s) and facilities (Gymkhana, Cheer Extreme Athletics, Jason’s Garage, Gigi’s Playhouse and additional sites as used by the program)or its officers, directors, employees, volunteers, and agents, for any and all losses, injuries, and/or damages that may be sustained and/or suffered by my family in connection with our association with the ELITE STARS program. I further agree on behalf of my family, to defend, indemnify, and hold ELITE STARS harmless from and against all claims, liabilities, costs, and expenses (including attorney's fees) for such losses, injuries, and/or damages. I hereby give my permission for Emergency Medical Treatment of the athlete by a qualified and licensed Medical Doctor if, after a reasonable effort has been made, I cannot first be contacted. I agree to comply with the ELITE STARS Payment Policy and the other policies and procedures as endorsed by the ELITE STARS. Inappropriate language, physical contact and all other inappropriate behaviors will cause removal from the program.*

*Signature: Date:*

*Parent/Guardian Name (please print):*

**Cheerleading/CEA Gymnastics/GK**

Monday $340/*$275 if on gymnastics* 6:45-9:00 p.m. \_\_\_\_ Saturday/TEAM$275 9:00-10:30 a.m. \_\_\_\_

 Saturday/Pre-Team $180 9:00-10:00 a.m. \_\_\_\_

  Wednesday/L3-4 Girls $390 (min 3) 7:00-9:00 p.m. \_\_\_\_

**Strength Training & Power Program/GK**

Saturday $130 10:30-11:30 a.m. \_\_\_\_ (GK) ***Competition dates for all sports often change-so please check the web site often.***

 *$120 if on another STARS team* ***Checks payable to: PAT D’AVOLIO* or Venmo @Patricia-hermann-0**