


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<h1>September 2017</h1>			1	2 L
3	4 Labor Day	5 Strength-AAA	6 Strength-AAA	7	8 Tootsie roll	9 Tootsie roll Gymnastics-GK Cheer-GK Parent Meeting Uniform fitting 9:30am @ GK
10 Skating-HE	11 Gymnastics-GK	12 Strength-AAA Dance-GK	13 Strength-AAA	14	15 Mandatory Volunteer Weekend Knights of Columbus Tootsie Roll Drive No Practices-everyone out volunteering	
17 Skating-HE	18 Gymnastics-GK	19 Strength-AAA Dance-GK	20 Strength-AAA	21	22	23 Gymnastics-GK Cheer-GK
24 Skating-HE	25 Gymnastics-GK	26 Strength-AAA Dance-GK	27 Strength-AAA	28	29	30 Gymnastics-GK Cheer-GK


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*Families will **be required** to take one 2-3 hour shift over the course of the 2/3 available days for the Knights of Columbus Tootsie Roll Drive. Families that chose to opt out of volunteering must contribute \$100 to the program in exchange for their hours. They are a great contributor & we need the funds to support our programs. We will not practice this weekend so that everyone can help out. Thanks

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Skating-HE	2 Gymnastics-GK	3 Strength-AAA Dance-GK	4 Strength-AAA	5	6	7 Gymnastics-GK Cheer-GK
8 Skating-HE	9 Gymnastics-GK	10 Strength-AAA Dance-GK	11 Strength-AAA	12	13	14 Gymnastics-GK Cheer-GK
15 Skating-HE	16 Gymnastics-GK	17 Strength-AAA Dance-GK	18 Strength-AAA	19	20	21 Gymnastics-GK Cheer-GK
22 Skating-HE	23 Gymnastics-GK	24 Strength-AAA Dance-GK	25 Strength-AAA	26	27	28 Gymnastics-GK Cheer-GK
29 Skating-HE	30 Gymnastics-GK	31 Strength-AAA Dance-GK HALLOWEEN			<h1>October 2017</h1>	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 2017			1 Strength-AAA	2	3	4 Gymnastics-GK Cheer-GK
5 Arlington Hts Cheer Comp Skating-HE	6 Gymnastics-GK	7 Strength-AAA Dance-GK	8 Strength-AAA	9	10	11 Gymnastics-GK Cheer-GK
12 Skating-HE	13 Gymnastics-GK	14 Strength-AAA Dance-GK	15 Strength-AAA	16	17	18 Gymnastics-GK Cheer-GK
19 Skating-HE Tinley Park Cheer Comp	20 Gymnastics-GK	21 Strength-AAA Dance-GK	22 Strength-AAA	23	24	25
26 No Skating	27 Gymnastics-GK	28 Strength-AAA Dance-GK	29 Strength-AAA	30		
Thanksgiving Weekend-no workout						

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 2017					1	2 Gymnastics-GK Cheer-GK
3 Skating-HE DeKalb Cheer Comp	4 Gymnastics-GK	5 Strength-AAA Dance-GK	6 Strength-AAA	7	8 Santa's Workshop Gymkhana Meet	9 Santa's Workshop Gymkhana Meet
10 Skating-HE Santa's Workshop Gymkhana Meet	11 Gymnastics-GK	12 Strength-AAA Dance-GK	13 Strength-AAA	14	15	16 Gymnastics-GK Cheer -GK
17 Skating-HE	18 Gymnastics-GK	19 Strength-AAA Dance-GK	20 Strength-AAA	21	22	23 Gymnastics-GK Cheer -GK
24 No workouts Merry Christmas	25 Merry Christmas	26 No workouts	27 No workouts	28	29	30 No workouts
Christmas Week - no workout						
31 New Year's Eve No workout	January 1 <i>Happy New Year!</i>	2	3	4	5	6 STARS Holiday Party

Elite Stars Fall 2017

Fall 2017 Program:	Fee:	Time:	Location:
Cheerleading	Second fee is for athletes that are on the STARS Fall gymnastics team		
Saturday	(13wks/13hrs) Team \$130/\$100	10:30a-11:30a	Gymkhana-GK
	<i>*practices will be added if necessary prior to competitions.</i>		
Gymnastics			
Saturday	(13wks/19.5hrs)		Gymkhana-GK
GIRLS Team:	\$195	9:00-10:30a	
BOYS Team:	\$195	9:00-10:30a	
PRE TEAM	\$130	9:30-10:30a	
Monday	(15wks/15hrs) Extra Workout \$225 (min 3)	6:30-7:30 p.m.	Gymkhana-GK
Rec Dance	Second fee is for athletes that are on the STARS Fall gymnastics or cheer team		
Tuesday (15wks/15hrs)	Dance Techinque \$120/\$100	6:00-7:00 p.m.	Gymkhana-GK
	<i>*Competitive Dance team does not start until January—this workout is solely to continue to enhance and develop skills.</i>		
Strength Training			
Tuesday	(16wks/16hrs) Open \$208	7:00-8:00 p.m.	AAA
Wednesday	(16wks/16hrs) Open \$208	7:00-8:00 p.m.	AAA
Skating			
Sunday-ICE	(14wks/14hrs) Team \$210	6:50-8:00 a.m.	HEPD
	<i>Competition dates for all sports often change-so please check the web site often.</i>		
	Checks payable to: PAT D'AVOLIO		

Cheerleading:
 Paula Parat: coachpaulaparat@aol.com, cheer@elitestars.org
 Courtney Connolly: cheer@elitestars.org, cconnolly9@yahoo.com
 Elizabeth Holbrook: eholbrook94@gmail.com

Gymnastics:
 Courtney Connolly: cconnolly9@yahoo.com
 Elizabeth Holbrook: gymnastics@elitestars.org
 Nick Criel: NC2crazy10@yahoo.com

Dance:
 Sarah/Becca Masucci: dance@elitestars.org

Skating:
 Mike Jones: Jonesmaj6@sbcglobal.net, skating@elitestars.org

Strength & Power:
 Jason Domnanovich: strength@elitestars.org
Jason@theAAAWay.com

Diane Paradise, Parent Liaison
diane.paradise@att.net

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strength@elitestars.org

ELITE STARS SCHEDULE OF EVENTS (August 21, 2017)

Subject to change*

Sept. 5	AAA fall programs begin
Sept. 9	All other programs begin
Sept. 9	Cheer, Gymnastics, Skating & Dance Parent Meetings
	<u>ALL teams uniform fitting MANDATORY-payments due @ the time of order</u>
Sept. 15-17	Tootsie Roll Drive-various locations. Everyone should be out volunteering. NO PRACTICES
Oct. 1	Medicals due for all athletes expiring prior to May 2018
Nov. 5	Cheer Comp (Arlington Hts, IL)
Nov. 12	Cheer Comp (DeKalb, IL)
Nov. 19	Cheer Comp (Tinley Park, IL)
Dec. 3	Champion Spirit Group Competition (DeKalb, IL)
Dec.8-10	Santa's Workshop Gymnastics meet-Gymkhana (Hanover Park, IL)
Jan. 6	Skating Competition (Franklin Park, IL)
Jan. 6	Elite STARS Holiday Party
Jan. 14	Stars Gymnastics Meet Gymkhana (Hanover Park, IL)
Feb. 3-4	Valentine's Classic (Grayslake, IL) Lake County Fair Grounds
Feb. 28-March 3	Las Vegas Mega Meet (Las Vegas, NV) will would be traveling home the night before the District meet.*
March 4	Gymnastics Districts (Palatine, IL) Palatine High School
March	/TBA Skating Competition-Districts
April 6-8	Dream Maker
April 20	Spring Fever ISI Competition (Franklin Park, IL)
April 21-22	I Love Dance
April 27-29	Move
April 27-30	Gymnastics For All Meet (Ursinus College, PA)*
May 12	MCD A Cheer & Dance Championship - Six Flags Great America
May 11-13	Showstoppers
May 18-20	Leaps!
May 24-27	Starquest
June 8-9	State Special Olympics (Bloomington, IL)
July 11-15	STARS All Sport Camp (Hanover Park, IL)
August 4	24 th Annual Hacker's Classic Golf Outing (Palatine, IL)